	PAGE
SECTION 1: EXPLANATION AND INSTRUCTIONS	107
INSTRUCTIONS TO MASTERS	107
INSTRUCTIONS TO DOCTORS	107
EXAMPLES	108
CASE ONE	108
CASE TWO	108
SECTION 2: REQUEST FOR MEDICAL ASSISTANCE	109
REQUEST—GENERAL INFORMATION	109
DESCRIPTION OF PATIENT	109
PREVIOUS HEALTH	110
LOCALIZATION OF SYMPTOMS, DISEASES, OR INJURIES	110
GENERAL SYMPTOMS	110
PARTICULAR SYMPTOMS	114
PROGRESS REPORT	123
SECTION 3: MEDICAL ADVICE	125
REQUEST FOR ADDITIONAL INFORMATION	125
DIAGNOSIS	125
SPECIAL TREATMENT	125
TREATMENT BY MEDICAMENTS	127
DIET	128
CHILDBIRTH	128
VACCINATION AGAINST SMALLPOX	129
GENERAL INSTRUCTIONS	129
SECTION 4: TABLES OF COMPLEMENTS	130
TABLE M-1—REGIONS OF THE BODY	130
TABLE M-2—LIST OF COMMON DISEASES	133
TABLE M-3—LIST OF MEDICAMENTS	134

CHAPTER 3

SECTION 1: EXPLANATION AND INSTRUCTIONS

General

- 1. Medical advice should be sought and given in plain language whenever it is possible but, if language difficulties are encountered, this Code should be used.
- 2. Even when plain language is used, the text of the Code and the instructions should be followed as far as possible.
- 3. Reference is made to the procedure signals "C", "N", or "NO" and "RQ" which, when used after the main signal, change its meaning into affirmative, negative and interrogative, respectively. (See Chapter 1, Section 6, Paragraph 3.(j), Page 11.)

Example:

"MFE N" = "Bleeding is not severe".

"MFE RQ" = "Is bleeding severe?"

INSTRUCTIONS TO MASTERS

Standard method of case description

- 1. The master should make a careful examination of the patient and should try to collect, as far as possible, information covering the following subjects:
- (a) Description of the patient (Chapter 3, Section 2., Page 109);
- (b) Previous health (Chapter 3, Section 2., Page 110);
- (c) Localization of symptoms, diseases, or injuries (Chapter 3, Section 2., Page 110);
- (d) General symptoms (Chapter 3, Section 2., Page 110);
- (e) Particular symptoms (Chapter 3, Section 2., Page 114);
- (f) *Diagnosis (Chapter 3, Section 3., Page 125).
- 2. Such information should be coded by choosing the appropriate groups from the corresponding sections of this chapter. It would help the recipients of the signal if the information is transmitted in the order stated in Paragraph 1.
- 3. Chapter 3, Section 2., Page 109, contains signals which can be used independently, i.e. with or without the description of the case.
- 4. After a reply from the doctor has been received and the instructions therein followed, the master can give a progress report by using signals from Chapter 3, Section 2., Page 123.

INSTRUCTIONS TO DOCTORS

1. Additional information can be requested by using Chapter 3, Section 3, Page 125.

Example:

"MQB" = "I cannot understand your signal, please use standard method of case description".

2. For diagnosis*, Chapter 3, Section 3., Page 125, should be used.

Example:

"MQE 26" = "My probable diagnosis is cystitis".

- 3. Prescribing should be limited to the "List of Medicaments" which comprises Table M-3 in Chapter 3, Section 4, Pages 134 and 135, of the Code.
- 4. For special treatment, signals from Chapter 3, Section 3., Pages 125 through 127, should be used.

Example:

- "MRP 4" = "Apply ice-cold compress and renew every 4 hours".
- 5. When prescribing a medicament (Chapter 3, Section 3., page 127) three signals should be used as follows:
 - (a) the first (Chapter 3, Section 3., Page 127, and Table M-3 in Chapter 3, Section 4, Pages 134 and 135) to signify the medicament itself.

^{*} Chapter 3, Section 3, Page 125, "Diagnosis", can be used by both the master ("request for medical assistance") and the doctor ("medical advice").

Example:

"MTD 32" = "You should give aspirin tablets".

(b) the second (Chapter 3, Section 3, Page 127) to signify the method of administration and dose.

Example:

"MTI 2" = "You should give by mouth 2 tablets/capsules".

(c) the third (Chapter 3, Section 3, Page 127) to signify the frequency of the dose.

Example:

"MTQ 8" = "You should repeat every 8 hours".

6. The frequency of external applications is coded in Chapter 3, Section 3, Page 128.

Example.

"MTU 4" = "You should apply every 4 hours".

7. Advice concerning diet can be given by using signals from Chapter 3, Section 3, Page 128.

Example:

"MUC" = "Give water only in small quantities".

EXAMPLES

As an example, two cases of request for assistance and the corresponding replies are drafted below:

CASE ONE

Request for medical assistance

"I have a male age (44) years. Patient has been ill for (2) days. Patient has suffered from (bronchitis acute). Onset was sudden. Patient is delirious. Patient has fits of shivering. Temperature taken in mouth is (40). Pulse rate per minute is (110). The rate of breathing per minute is (30). Patient is in pain (chest). Part of the body affected is right (chest). Pain is increased on breathing. Patient has severe cough. Patient has blood-stained sputum. Patient has been given (penicillin injection) without effect. Patient has received treatment by medicaments in last (18) hours. My probable diagnosis is (pneumonia)."

Medical advice

"Your diagnosis is probably right. You should continue giving (penicillin injection). You should repeat every (12) hours. Put patient to bed lying down at absolute rest. Keep patient warm. Give fluid diet, milk, fruit juice, tea, mineral water. Give water very freely. Refer back to me in (24) hours or before if patient worsens."

CASE TWO

Request for medical assistance

"I have a male aged (31) years. Patient has been ill for (3) hours. Patient has had no serious previous illness. Pulse rate per minute is (95). Pulse is weak. Patient is sweating. Patient is in pain in lumbar (kidney) region. The part affected is left lumbar (kidney) region. Pain is severe. Pain is increased by hand pressure. Bowels are regular."

Request for additional information

"I cannot make a diagnosis. Please answer the following question(s). Temperature taken in the mouth is (number). Pain radiates to groin and testicle. Patient has pain on passing water. Urinary functions normal. Vomiting is present."

Additional information

"Temperature taken in mouth is (37). Pain radiates to groin and testicle. Patient has pain on passing water. Patient is passing small quantities of urine frequently. Vomiting is absent. Patient has nausea."

Medical advice

"My probable diagnosis is kidney stone (renal colic). You should give morphine injection. You should give by subcutaneous injection (15) milligrams. Give water freely. Apply hot water bottle to lumbar (kidney) region. Patient should be seen by doctor when next in port."

CHAPTER 3

SECTION 2: REQUEST FOR MEDICAL ASSISTANCE

Code	Meaning REQUEST—GENERAL INFORMATION	Cross Reference
MAA	I request urgent medical advice.	
MAB	I request you to make rendezvous in position indicated.	
MAC	I request you to arrange hospital admission.	
MAD	I am (indicate number) hours from the nearest port.	
MAE	I am converging on nearest port.	
MAF	I am moving away from nearest port.	
	I require medical assistance	\mathbf{W}
	I have a doctor on board	AL
	Have you a doctor?	AM
	I need a doctor	AN
	I need a doctor; I have severe burns	AN 1
	I need a doctor; I have radiation casualties	AN 2
	I require a helicopter urgently with a doctor	BR 2
	I require a helicopter urgently to pick up injured/sick person	BR 3
	Helicopter is coming to you now (or at time indicated) with a doctor	BT 2
	Helicopter is coming to you now (or at time indicated) to pick up injured/sick person	BT 3
	I have injured/sick person (or number of persons indicated) to be taken off urgently	
	You should send a helicopter/boat with a stretcher	BS
	A helicopter/boat is coming to take injured/sick	BU
	You should send injured/sick persons to me	AT
	DESCRIPTION OF PATIENT	
MAJ	I have a male aged (number) years.	
MAK	I have a female aged (number) years.	
MAL	I have a female (number) months pregnant.	
MAM	Patient has been ill for (number) days.	
MAN	Patient has been ill for (number) hours.	
MAO	General condition of the patient is good.	
MAP	General condition of the patient is serious.	

		Cioss
Code	Meaning	Reference

Cross

MAQ General condition of the patient is unchanged. MAR General condition of the patient has worsened.

MAS Patient has been given . . . (Table M-3 in Chapter 3, Section 4, Pages 134 and 135) with effect.

MAT Patient has been given . . . (Table M-3 in Chapter 3, Section 4, Pages 134 and 135) without

effect.

MAU Patient has received treatment by medicaments in last . . . (indicate number) hours.

PREVIOUS HEALTH

MBA Patient has suffered from . . . (Table M-2 in Chapter 3, Section 4, Page 133).

Patient has had no relevant previous injury.

MBB Patient has had previous operation . . . (Table M-2 in Chapter 3, Section 4, Page 133).

MBC Patient has had no serious previous illness. **MBD**

LOCALIZATION OF SYMPTOMS, DISEASES, OR INJURIES

MBE The whole body is affected.

The part of the body affected is . . . (Table M-1 in Chapter 3, Section 4, Page 130). **MBF**

*MBG The part of the body affected is right . . . (Table M-1 in Chapter 3, Section 4, Page 130).

The part of the body affected is left . . . (Table M-1 in Chapter 3, Section 4, Page 130). *MBH

GENERAL SYMPTOMS

MBP Onset was sudden. **MBQ** Onset was gradual.

Temperature

Temperature taken in mouth is . . . (number). **MBR MBS** Temperature taken in rectum is . . . (number). **MBT** Temperature in the morning is . . . (number). **MBU** Temperature in the evening is . . . (number).

To be used when right and left side of the body or limb need to be differentiated.

Cross Code Meaning Reference

Temperature

MBV Temperature is rising.

MBW Temperature is falling.

Pulse

MBX The pulse rate per minute is . . . (number).

MBY The pulse rate is irregular.

MBZ The pulse rate is rising.

MCA The pulse rate is falling.

MCB The pulse is weak.

MCC The pulse is too weak to count.MCD The pulse is too rapid to count.

Breathing

MCE The rate of breathing per minute is . . . (number) (in and out being counted as one breath).

MCF The breathing is weak.

MCG The breathing is wheezing.

MCH The breathing is regular.

MCI The breathing is irregular.

MCJ The breathing is strenuous (noisy).

Sweating

MCL Patient is sweating.

MCM Patient has fits of shivering (chills).

MCN Patient has night sweats.

MCO Patient's skin is hot and dry.

MCP Patient is cold and clammy.

Mental State and Consciousness

MCR Patient is conscious.

MCT Patient is semiconscious but can be roused.

Cross
Code Meaning Reference

Mental State and Consciousness

MCU Patient is unconscious.

MCV Patient found unconscious.

MCW Patient appears to be in a state of shock.

MCX Patient is delirious.

MCY Patient has mental symptoms.

MCZ Patient is paralyzed . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MDC Patient is restless.

MDD Patient is unable to sleep.

Pain

MDF Patient is in pain . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MDG Pain is a dull ache.

MDJ Pain is slight.

MDL Pain is severe.

MDM Pain is intermittent.

MDN Pain is continuous.

MDO Pain is increased by hand pressure.

MDP Pain radiates to . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MDQ Pain is increased on breathing.

MDR Pain is increased by action of bowels.

MDT Pain is increased on passing water.

MDU Pain occurs after taking food.

MDV Pain is relieved by taking food.

MDW Pain has no relation to taking food.

MDX Pain is relieved by heat.

MDY Pain has ceased.

Cough

MED Cough is present.

MEF Cough is absent.

Cross
Code Meaning Reference

Bowels

MEG Bowels are regular.

MEJ Patient is constipated and bowels last opened . . . (indicate number of days).

MEL Patient has diarrhea . . . (indicate number of times daily).

Vomiting

MEM Vomiting is present.

MEN Vomiting is absent.

MEO Patient has nausea.

Urine

MEP Urinary functions normal.

MEQ Urinary functions abnormal.

Bleeding

MER Bleeding is present . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MET Bleeding is absent.

Rash

MEU A rash is present . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MEV A rash is absent.

Swelling

MEW Patient has a swelling . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MEX Swelling is hard.

MEY Swelling is soft.

MEZ Swelling is hot and red.

MFA Swelling is painful on hand pressure.

MFB Swelling is discharging.

MFC Patient has an abscess . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MFD Patient has a carbuncle . . . (Table M-1 in Chapter 3, Section 4, Page 130).

Cross
Code Meaning Reference

PARTICULAR SYMPTOMS

Accidents, Injuries, Fractures, Suicide, and Poisons

Bleeding is present . . . (Table M-1 in Chapter 3, Section 4, Page 130). MER

MFE Bleeding is severe.

MFF Bleeding is slight.

MFG Bleeding has been stopped by pad(s) and bandaging.

MFH Bleeding has been stopped by tourniquet.

MFI Bleeding has stopped.

MFJ Bleeding cannot be stopped.

MFK Patient has a superficial wound . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MFL Patient has a deep wound . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MFM Patient has penetrating wound . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MFN Patient has a clean-cut wound . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MFO Patient has a wound with ragged edges . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MFP Patient has a discharging wound . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MFQ Patient has contusion (bruising) . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MFR Wound is due to blow.

MFS Wound is due to crushing.

MFT Wound is due to explosion.

MFU Wound is due to fall.

MFV Wound is due to gunshot.

MFW Patient has a foreign body in wound.

MFX Patient is suffering from concussion.

MFY Patient cannot move the arm . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MFZ Patient cannot move the leg... (Table M-1 in Chapter 3, Section 4, Page 130).

MGA Patient has dislocation . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MGB Patient has simple fracture . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MGC Patient has compound fracture . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MGD Patient has comminuted fracture . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MGE Patient has attempted suicide.

Cross Code Meaning Reference

Accidents, Injuries, Fractures, Suicide, and Poisons

MGF Patient has cut throat.

MGG Patient has superficial burn . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MGH Patient has severe burn . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MGI Patient is suffering from noncorrosive poisoning (no staining and burning of mouth and lips).

MGJ Patient has swallowed corrosive (staining and burning of mouth and lips).

MGK Patient has swallowed unknown poison.

MGL Patient has swallowed a foreign body.

MGM Emetic has been given with good results.

MGN Emetic has been given without good results.

MGO No emetic has been given.

MGP Patient has had corrosive thrown on him . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MGQ Patient has inhaled poisonous gases, vapors, dust.

MGR Patient is suffering from animal bite . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MGS Patient is suffering from snake bite . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MGT Patient is suffering from gangrene . . . (Table M-1 in Chapter 3, Section 4, Page 130).

Diseases of Nose and Throat

MGU Patient has nasal discharge.

MGV Patient has foreign body in nose.

MHA Lips are swollen.

MHB Tongue is dry.

MHC Tongue is coated.

MHD Tongue is glazed and red.

MHF Tongue is swollen.

MHG Patient has ulcer on tongue.

MHJ Patient has ulcer in mouth.

MHK Gums are sore and bleeding.

MHL Throat is sore and red.

MHM Throat has pinpoint white spots on tonsils.

Cross Code Meaning Reference

Diseases of Nose and Throat

MHN Throat has gray white patches on tonsils.

MHO Throat hurts and is swollen on one side.

MHP Throat hurts and is swollen on both sides.

MHQ Swallowing is painful.

MHR Patient cannot swallow.

MHT Patient has hoarseness of voice.

Patient has swallowed a foreign body MGL

MHV Patient has severe toothache.

Diseases of Respiratory System

MHY Patient has pain in chest on breathing . . . (Table M-1 in Chapter 3, Section 4, Page 130).

Breathing is wheezing MCG

MHZ Breathing is deep.

MIA Patient has severe shortness of breath.

MIB Patient has asthmatical attack.

MIC Patient has severe cough.

MID Cough is longstanding.

MIF Patient is coughing up blood.

MIG Patient has no sputum.

MIJ Patient has abundant sputum.

MIK Sputum is offensive.

MIL Patient has bloodstained sputum.

MIM Patient has blueness of face.

Diseases of the Digestive System

MIN Patient has tarry stool.

MIO Patient has clay-colored stool.

Patient has diarrhea . . . (indicate number of times daily) MEL

MIP Patient has diarrhea with frequent stools like rice water.

Cross Code Meaning Reference **Diseases of the Digestive System MIQ** Patient is passing blood with stools. MIR Patient is passing mucus with stools. Patient has nausea **MEO MIT** Patient has persistent hiccough. **MIU** Patient has cramp pains and vomiting. Vomiting is present. **MEM MEN** Vomiting is absent **MIV** Vomiting has stopped. **MIW** Vomiting is persistent. MIX Vomit is streaked with blood. Patient vomiting much blood. MIY MIZ Vomit is dark (like coffee grounds). **MJA** Patient vomits any food and liquid given. **MJB** Amount of vomit is . . . (indicate in deciliters: 1 deciliter equals one-sixth of a pint). **MJC** Frequency of vomiting is . . . (indicate number) daily. **MJD** Patient has flatulence. Wind has not been passed per anus for . . . (indicate number of hours). **MJE MJF** Wind is being passed per anus. **MJG** Abdomen is distended. MJH Abdominal wall is soft (normal). MJI Abdominal wall is hard and rigid. **MJJ** Abdominal wall is tender . . . (Table M-1 in Chapter 3, Section 4, Page 130). Patient is in pain . . . (Table M-1 in Chapter 3, Section 4, Page 130) **MDF** Patient has a swelling . . . (Table M-1 in Chapter 3, Section 4, Page 130) **MEW** MJK Hernia is present. MJM Hernia cannot be replaced. **MJN** Hernia is painful and tender. MJO Patient has bleeding hemorrhoids. **MJP** Hemorrhoids cannot be reduced (put back in place).

Cross
Code Meaning Reference

Diseases of the Genitourinary System

Patient is in pain . . . (Table M-1 in Chapter 3, Section 4, Page 130) MDF

MJS Patient has pain on passing water.

MJT Patient has pain in penis at end of passing water.

MJU Patient has pain spreading from abdomen to penis, testicles, or thigh.

MJV Patient is unable to hold urine (incontinent).

MJW Patient is unable to pass urine.

MJX Patient is passing small quantities of urine frequently.

MJY Amount of urine passed in 24 hours . . . (indicate number in deciliters: 1 deciliter equals one-

sixth of a pint).

MKA Urine contains albumen.

MKB Urine contains sugar.

MKC Urine contains blood.

MKD Urine is very dark brown.

MKE Urine is offensive and may contain pus.

MKF Penis is swollen.

MKH Foreskin will not go back to normal position.

MKI Patient has swelling of testicles.

MKJ Shall I pass a catheter?

MKK I have passed a catheter.

MKL I am unable to pass a catheter.

Diseases of the Nervous System and Mental Diseases

MKP Patient has headache . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MKQ Headache is throbbing.

MKR Headache is very severe.

MKS Head cannot be moved forwards to touch chest.

MKT Patient cannot feel pinprick . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MKU Patient is unable to speak properly.

Code	Meaning	Cross Reference
	Diseases of the Nervous System and Mental Diseases	
MKV	Giddiness (vertigo) is present.	
	Patient is paralyzed (Table M-1 in Chapter 3, Section 4, Page 130)	. MCZ
	Patient is conscious	. MCR
	Patient is semiconscious but can be roused	. МСТ
	Patient is unconscious	. MCU
MKW	Pupils are equal in size.	
MKX	Pupils are unequal in size.	
MKY	Pupils do not contract in a bright light.	
MKZ	Patient has no control over his bowels.	
MLA	Patient has fits associated with rigidity of muscles and jerking of limbs—indicate number of fits per 24 hours.	f
	Patient has mental symptoms	. MCY
MLB	Patient has delusions.	
MLC	Patient is depressed.	
	Patient is delirious	. MCX
MLD	Patient is uncontrollable.	
	Patient has attempted suicide	. MGE
MLE	Patient has had much alcohol.	
MLF	Patient has delirium tremens.	
MLG	Patient has bedsores (Table M-1 in Chapter 3, Section 4, Page 130).	
	Diseases of the Heart and Circulatory System	
	Patient is in pain (Table M-1 in Chapter 3, Section 4, Page 130)	. MDF
MLH	Pain has been present for (indicate number of minutes).	
MLI	Pain in chest is constricting in character.	
MLJ	Pain is behind the breastbone.	
	Pain radiates to (Table M-1 in Chapter 3, Section 4, Page 130)	. MDP
	Patient has blueness of face	. MIM
MLK	Patient has pallor.	

Cross

Code Meaning Reference Diseases of the Heart and Circulatory System The rate of breathing per minute is . . . (number) (in and out being counted as one breath).... MCE **MCB** The pulse rate is irregular..... **MBY** The pulse is too weak to count..... MCC **MCD MLL** Breathing is difficult when lying down. **MLM** Swelling of legs that pits on pressure. MLN Patient has varicose ulcer. **Infectious and Parasitic Diseases** Rash has been present for . . . (indicate number of hours). MLR **MLS** Rash first appeared on . . . (Table M-1 in Chapter 3, Section 4, Page 130). **MLT** Rash is spreading to . . . (Table M-1 in Chapter 3, Section 4, Page 130). MLU Rash is fading. MLV Rash is itchy. **MLW** Rash is not itchy. MLX Rash looks like general redness. MLY Rash looks like blotches. **MLZ** Rash looks like small blisters containing clear fluid. **MMA** Rash looks like larger blisters containing pus. **MMB** Rash is weeping (oozing). **MMC** Rash looks like weals. **MMD** Rash consists of rose-colored spots that do not blench on pressure. **MME** Skin is yellow. Patient has an abscess . . . (Table M-1 in Chapter 3, Section 4, Page 130) **MFC MMF** Patient has buboes . . . (Table M-1 in Chapter 3, Section 4, Page 130). MMJ Patient has been isolated. **MMK** Should patient be isolated? **MML** I have had (indicate number) similar cases.

Code	Meaning	Cross Reference				
	Infectious and Parasitic Diseases					
	Patient has diarrhea with frequent stools like rice water	. MIP				
	Patient has never been successfully vaccinated against smallpox	. MUT				
	Patient was last vaccinated (date indicated)	. MUU				
	Patient has vaccination marks	. MUV				
	Venereal Diseases (See also Diseases of Genitourinary System.)					
MMP	Patient has discharge from penis.					
MMQ	Patient has previous history of gonorrhea.					
MMR	Patient has single hard sore on penis.					
MMS	Patient has multiple sores on penis.					
	Patient has buboes (Table M-1 in Chapter 3, Section 4, Page 130)	. MMF				
MMT	Patient has swollen glands in the groin.					
MMU	End of penis is inflamed and swollen.					
	Diseases of the Ear					
	Patient is in pain (Table M-1 in Chapter 3, Section 4, Page 130)	. MDF				
MMW	Patient has boil in ear(s).					
MMX	Patient has discharge of blood from ear(s).					
MMY	Patient has discharge of clear fluid from ear(s).					
MMZ	Patient has discharge of pus from ear(s).					
MNA	Patient has hearing impaired.					
MNB	Patient has foreign body in ear.					
	Giddiness (vertigo) is present	. MKV				
MNC	Patient has constant noises in ear(s).					
Diseases of the Eye						
	Patient is in pain (Table M-1 in Chapter 3, Section 4, Page 130)	. MDF				
MNG	Patient has inflammation of eye(s).					
MNH	Patient has discharge from eye(s).					
MNI	Patient has foreign body embedded in the pupil area of the eye.					

Cross Code Meaning Reference Diseases of the Eye MNJ Eyelids are swollen. **MNK** Patient cannot open eyes (raise eyelids). **MNL** Patient has foreign body embedded in the white of the eye. **MNM** Patient has double vision when looking at objects with both eyes open. **MNN** Patient has sudden blindness in one eye. **MNO** Patient has sudden blindness in both eyes. MKW MKX MKY Patient has a penetrating wound . . . (Table M-1 in Chapter 3, Section 4, Page 130) **MFM MNP** Eyeball is yellow in color. Diseases of the Skin See Infectious and Parasitic Diseases in Chapter 3, Section 2, Page 120. **Diseases of Muscles and Joints MNT** Patient has pain in muscles of . . . (Table M-1 in Chapter 3, Section 4, Page 130). Patient has pain in joint(s) . . . (Table M-1 in Chapter 3, Section 4, Page 130). MNU Patient has redness and swelling of joint(s) . . . (Table M-1 in Chapter 3, Section 4, Page 130). MNV **MNW** There is history of recent injury. MNX There is no history of injury. Miscellaneous Illnesses **MLE MOA** Patient is suffering from heat exhaustion. MOB Patient is suffering from heat stroke. MOC Patient is suffering from seasickness. **MOD** Patient is suffering from exposure in lifeboat—indicate length of exposure (number) hours. MOE Patient is suffering from frostbite . . . (Table M-1 in Chapter 3, Section 4, Page 130). **MOF** Patient has been exposed to radioactive hazard.

Cross Code Meaning Reference

Childbirth

MOK I have a patient in childbirth aged . . . (number years).

MOL Patient states she has had . . . (number) children.

MOM Patient states child is due in . . . (number) weeks.

MON Pains began . . . (number) hours ago.

MOO Pains are feeble and produce no effect.

MOP Pains are strong and effective.

MOQ Pains are occurring every . . . (number) minutes.

MOR The bag of membranes broke . . . (number) hours ago.

MOS There is severe bleeding from the womb.

MOT The head is coming first.

MOU The buttocks are coming first.

MOV A foot has appeared first.

MOW An arm has appeared first.

MOX The child has been born.

MOY The child will not breathe.

MOZ The placenta has been passed.

MPA The placenta has not been passed.

MPB I have a nonpregnant woman who is bleeding from the womb.

PROGRESS REPORT

MPE I am carrying out prescribed instructions.

MPF Patient is improving.

MPG Patient is not improving.

MPH Patient is relieved of pain.

MPI Patient still has pain.

MPJ Patient is restless.

MPK Patient is calm.

Code Meaning Cross
Reference

MPL Symptoms have cleared.

MPM Symptoms have not cleared.

MPN Symptoms have increased.

MPO Symptoms have decreased.

MPP Treatment has been effective.

MPQ Treatment has been ineffective.

MPR Patient has died.

CHAPTER 3

SECTION 3: MEDICAL ADVICE

Cross
Meaning Reference

REQUEST FOR ADDITIONAL INFORMATION

MQB I cannot understand your signal; please use standard method of case description.

MQC Please answer the following question(s).

Code

DIAGNOSIS

MQE My probable diagnosis is . . . (Table M-2 in Chapter 3, Section 4, Page 133). **MQF** My alternative diagnosis is . . . (Table M-2 in Chapter 3, Section 4, Page 133). MQG My probable diagnosis is infection or inflammation . . . (Table M-1 in Chapter 3, Section 4, Page 130). **MQH** My probable diagnosis is perforation of . . . (Table M-1 in Chapter 3, Section 4, Page 130). **MQI** My probable diagnosis is tumor of . . . (Table M-1 in Chapter 3, Section 4, Page 130). My probable diagnosis is obstruction of . . . (Table M-1 in Chapter 3, Section 4, Page 130). MQJ **MQK** My probable diagnosis is hemorrhage of . . . (Table M-1 in Chapter 3, Section 4, Page 130). MQL My probable diagnosis is foreign body in . . . (Table M-1 in Chapter 3, Section 4, Page 130). **MQM** My probable diagnosis is fracture of . . . (Table M-1 in Chapter 3, Section 4, Page 130). MQN My probable diagnosis is dislocation of . . . (Table M-1 in Chapter 3, Section 4, Page 130). **MQO** My probable diagnosis is sprain of . . . (Table M-1 in Chapter 3, Section 4, Page 130). **MQP** I cannot make a diagnosis. **MQT** Your diagnosis is probably right. **MQU** I am not sure about your diagnosis.

SPECIAL TREATMENT

MRI You should refer to your International Ship's Medical Guide if available or its equivalent.

MRJ You should follow treatment in your own medical guide.

MRK You should follow the instructions for this procedure outlined in your own medical guide.

MRL Commence artificial respiration immediately.

MRM Pass catheter into bladder.

Cross
Code Meaning Reference

MRN Pass catheter again after . . . (number) hours.

MRO Pass catheter and retain it in bladder.

MRP Apply ice-cold compress and renew every . . . (number) hours.

MRQ Apply hot compress and renew every . . . (number) hours.

MRR Apply hot-water bottle to . . . (Table M-1 in Chapter 3, Section 4, Page 130).

MRS Insert ear drops . . . (number) times daily.

MRT Insert antiseptic eye drops . . . (number) times daily.

MRU Insert anesthetic eye drops . . . (number) times daily.

MRV Bathe eye frequently with hot water.

MRW Give frequent gargles one teaspoonful of salt in a tumblerful of water.

MRX Give enema.

MRY Do not give enema or laxative.

MRZ Was the result of the enema satisfactory?

MSA Give rectal saline slowly to replace fluid loss.

MSB Give subcutaneous saline to replace fluid loss.

MSC Apply well-padded splint(s) to immobilize limb. Watch circulation by inspection of color of

fingers or toes.

MSD Apply cotton wool to armpit and bandage arm to side.

MSF Apply a sling and/or rest the part.

MSG Give light movements and massage daily.

MSJ Place patient in hot bath.

MSK To induce sleep give two sedative tablets.

MSL Reduce temperature of patient as indicated in general nursing chapter of Medical Guide.

MSM The swelling should be incised and drained.

MSN Dress wound with sterile gauze, cotton wool, and bandage.

MSO Dress wound with sterile gauze, cotton wool, and apply well-padded splint.

MSP Apply burn and wound dressing and bandage lightly.

MSQ Dress wound and bring edges together with adhesive plaster.

MSR The wound should be stitched.

SECTION 3.—MEDICAL ADVICE

		Closs
Code	Meaning	Reference

MST The wound should not be stitched.

MSU Stop bleeding by applying more cotton wool, firm bandaging, and elevation of the limb.

MSV Stop bleeding by manual pressure.

MSW Apply tourniquet for not more than fifteen minutes.

MSX Induce vomiting by giving an emetic.

MSY You should pass a stomach tube.

MSZ Do not try to empty stomach by any method.

TREATMENT BY MEDICAMENTS

Prescribing

MTD You should give . . . (Table M-3 in Chapter 3, Section 4, Page 134 and 135).

MTE You must not give . . . (Table M-3 in Chapter 3, Section 4, Page 134 and 135).

Method of Administration and Dose

MTF You should give one tablespoon (15 ml or $\frac{1}{2}$ oz.).

MTG You should give one dessertspoonful (7.5 ml or $\frac{1}{4}$ oz.).

MTH You should give one teaspoonful (4 ml or 1 drachm).

MTI You should give by mouth . . . (number) tablets/capsules.

MTJ You should give a tumblerful of water with each dose.

MTK You should give by intramuscular injection . . . (number) milligrams.

MTL You should give by subcutaneous injection . . . (number) milligrams.

MTM You should give by intramuscular injection . . . (number) ampoule(s).

MTN You should give by subcutaneous injection . . . (number) ampoule(s).

Frequency of Dose

MTO You should give once only.

MTP You should repeat after . . . (number) hours.

MTQ You should repeat every . . . (number) hours.

MTR You should continue for . . . (number) hours.

Cross
Code Meaning Reference

Frequency of External Application

MTT You should apply once only.

MTU You should apply every . . . (number) hours.

MTV You should cease to apply.

MTW You should apply for . . . (number) minutes.

DIET

MUA Give nothing by mouth.

MUB Give water very freely.

MUC Give water only in small quantities.

MUD Give water only as much as possible without causing the patient to vomit.

MUE Give ice to suck.

MUF Give fluid diet, milk, fruit, juices, tea, mineral water.

MUG Give light diet such as vegetable soup, steamed fish, stewed fruit, milk puddings, or equivalent.

MUH Give normal diet as tolerated.

CHILDBIRTH

MUI Has she had previous children?

MUJ How many months pregnant is she?

MUK When did labor pains start?

MUL Encourage her to rest between pains.

MUM Encourage her to strain down during pains.

MUN What is the frequency of pains (indicate in minutes).

MUO Patient should strain down and you exert steady but gentle pressure on lower part of the abdo-

men but not on the womb to help expulsion of the placenta.

MUP You should apply tight wide binder around lower part of abdomen and hips.

MUQ You should apply artificial respiration gently by mouth technique on infant.

SECTION 3.—MEDICAL ADVICE

Cross Code Meaning Reference

VACCINATION AGAINST SMALLPOX

MUR Has the patient been successfully vaccinated?

MUS Has the patient been vaccinated during the past three years?

MUT Patient has never been successfully vaccinated against smallpox.

MUU Patient was last vaccinated . . . (indicate date).

MUV Patient has vaccination marks.

GENERAL INSTRUCTIONS

MVA I consider the case serious and urgent.

MVB I do not consider the case serious or urgent.

MVC Put patient to bed lying down at absolute rest.

MVD Put patient to bed sitting up.

MVE Raise head of bed.

MVF Raise foot of bed.

MVG Keep patient warm.

MVH Keep patient cool.

MVI You should continue your local treatment.

MVJ You should continue your special treatment.

MVK You should continue giving . . . (Table M-3 in Chapter 3, Section 4, Pages 134 and 135).

MVL You should suspend your local treatment.

MVM You should suspend your special treatment.

MVN You should cease giving . . . (Table M-3 in Chapter 3, Section 4, Pages 134 and 135).

MVO You should isolate the patient and disinfect his cabin.

MVP You should land your patient at the earliest opportunity.

MVQ Patient should be seen by a doctor when next in port.

MVR I will arrange for hospital admission.

MVS I think I should come on board and examine the case.

MVT No treatment advised.

MVU Refer back to me in . . . (number) hours or before if patient worsens.

CHAPTER 3

SECTION 4: TABLES OF COMPLEMENTS

TABLE M-1—REGIONS OF THE BODY

Side of body or limb affected should be clearly indicated—right, left

FIGURE 1 (Front)

1.	Frontal region of head	13.	Arm upper	25.	Scrotum
2.	Side of head	13. 14.	Forearm	25. 26.	Testicles
3.	Top of head	15.	Wrist	20. 27.	Penis
<i>3</i> . 4.	Face	15. 16.	Palm of hand	28.	Upper thigh
5.	Jaw	10. 17.	Fingers	29.	Middle thigh
<i>5</i> .	Neck front	18.	Thumb	30.	Lower thigh
7.	Shoulder	19.	Central upper abdomen	31.	Knee
8.	Clavicle	20.	Central lower abdomen	32.	Patella
*9.	Chest	*21.	Upper abdomen	33.	Front of leg
9. 10.	Chest, mid	*22.	Lower abdomen	34.	Ankle
10.	Heart	*23.	Lateral abdomen	35.	Foot
12.	Armpit	*24.	Groin	36.	Toes
12.	Armpit	24.		30.	1068
			FIGURE 2 (Back)		
37.	Back of head	44.	Back of hand	51.	Buttock
38.	Back of neck	*45.	Lower chest region	52.	Anus
39.	Back of shoulder	46.	Spinal column upper	53.	Back of thigh
40.	Scapula region	47.	Spinal column middle	54.	Back of knee
41.	Elbow	48.	Spinal column lower	55.	Calf
42.	Back upper arm	*49.	Lumbar (kidney) region	56.	Heel
43.	Back lower arm	50.	Sacral region		
		OTE	HER ORGANS OF THE B	ODY	
57.	Artery	69.	Lip, lower	81.	Tongue
58.	Bladder	70.	Lip, lower Lip, upper	82.	Tonsils
59.	Brain	70.	Liver	83.	Tooth, teeth
60.	Breast	72.	Lungs	84.	Urethra
61.	Ear(s)	73.	Mouth	85.	Uterus, womb
62.	Eye(s)	73. 74.	Nose	86.	Vein
63.	Eyelid(s)	74. 75.	Pancreas	87.	Voice box (larynx)
64.	Gall bladder	75. 76.	Prostate	88.	Whole abdomen
65.	Gall bladder Gullet (esophagus)	70. 77.	Rib(s)	89.	Whole arm
66.	Gums	77. 78.	Spleen	90.	Whole back
67.	Intestine	78. 79.	Stomach	90. 91.	Whole chest
67. 68.	Kidney	79. 80.	Throat	91. 92.	
00.	Kiulicy	ου.	rmoat	74.	Whole leg

^{*} Indicate side as required.

SECTION 4.—TABLES OF COMPLEMENTS

FIGURE 1

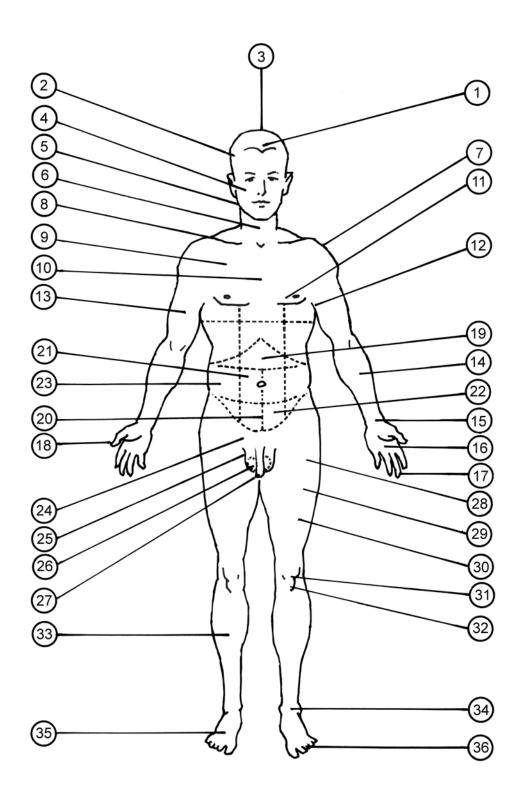
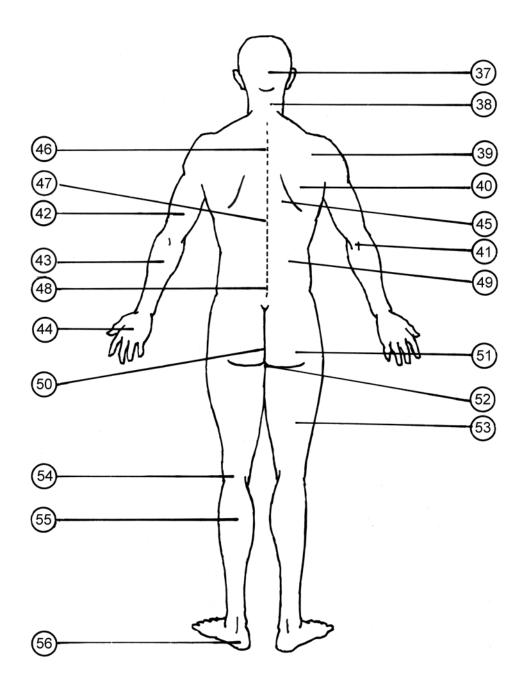


FIGURE 2



SECTION 4.—TABLES OF COMPLEMENTS

TABLE M-2—LIST OF COMMON DISEASES

1.	Abscess		Duodenal ulcer		Phlebitis
2.	Alcoholism	33.	Eczema	65.	Piles
3.	Allergic reaction	34.	Erysipelas	66.	Plague
4.	Amoebic dysentery	35.	Fits	67.	Pleurisy
5.	Angina pectoris	36.	Gangrene	68.	Pneumonia
6.	Anthrax	37.	Gastric ulcer	69.	Poisoning (corrosive)
7.	Apoplexy (stroke)	38.	Gastroenteritis	70.	Poisoning (noncorrosive)
8.	Appendicitis	39.	Gonorrhea	71.	Poisoning (barbiturates)
9.	Asthma	40.	Gout	72.	Poisoning (methyl alcohol)
10.	Bacillary dysentery	41.	Heat cramps	73.	Poisoning (gases)
11.	Boils	42.	Heat exhaustion	74.	Poliomyelitis
12.	Bronchitis (acute)	43.	Heat stroke	75.	Prolapsed intervertebral
13.	Bronchitis (chronic)	44.	Hepatitis		disc (slipped disc)
14.	Brucellosis	45.	Hernia	76.	Pulmonary tuberculosis
15.	Carbuncle	46.	Hernia (irreducible)	77.	Quinsy
16.	Cellulitis	47.	Hernia (strangulated)	78.	Rheumatism
17.	Chancroid	48.	Immersion foot	79.	Rheumatic fever
18.	Chicken pox	49.	Impetigo	80.	Scarlet fever
19.	Cholera	50.	Insulin overdose	81.	Sciatica
20.	Cirrhosis of the liver	51.	Indigestion	82.	Shingles (herpes zoster)
21.	Concussion	52.	Influenza	83.	Sinusitis
22.	Compression of brain	53.	Intestinal obstruction	84.	Shock
	Congestive heart failure	54.	Kidney stone (renal colic)	85.	Smallpox
24.	Constipation	55.	Laryngitis	86.	Syphilis
25.	Coronary thrombosis	56.	Malaria		Tetanus
	Cystitis (bladder	57.	Measles	88.	Tonsillitis
	inflammation)	58.	Meningitis	89.	Typhoid
27.	Dengue	59.	Mental illness		Typhus
	Diabetes	60.	Migraine		Urethritis
29.	Diabetic coma		Mumps	92.	Urticaria (nettle rash)
30.	Diptheria	62.	•		Whooping cough
	Drug reaction	63.	Peritonitis		Yellow fever
	=				

TABLE M-3—LIST OF MEDICAMENTS*

FOR EXTERNAL USE

- Auristillae Glyceris Glycerin ear drops EAR DROPS
- 2. Guttae Sulfacetamidi Sulfacetamide eye drops ANTISEPTIC EYE DROPS
- 3. Guttae Tetracainae Tetracaine eye drops ANAESTHETIC EYE DROPS
- 4. Linimentum Methylis Salicylatis Methyl salicylate liniment SALICYLATE LINIMENT
- 5. Lotio Calaminae Calamine Lotion CALAMINE LOTION
- 6. Lotio Cetrimidi Cetrimide lotion ANTISEPTIC LOTION

- 7. Naristillae Ephedrine Norephedrine hydrochloride drops NASAL DROPS
- 8. Paraffinum Molle Flavum Yellow soft paraffin SOFT PARAFFIN
- Paraffinum Molle Flavum Carbasi Absorbentis Tulle gras dressing (Paraffin gauze) BURN/WOUND DRESSING
- 10. Unguentum Bacitracini Bacitracin ointment ANTIBIOTIC OINTMENT
- 11. Unguentum Benzocaini Compositum Compund benzocaine ointment PILE OINTMENT
- Unguentum Xylocaini Hydrochloridi Mylocaine ointment LOCAL ANAESTHETIC OINTMENT

FOR INTERNAL USE

Allergic Conditions

- 13. Compressi Promethazini Hydrochloridi Promethazine hydrochloride tablets ANTIHISTAMINE TABLETS (25 mg per tablet)
- Injectic Adrenalini
 Adrenaline injection
 ADRENALINE (1 mg in "Ampins")
- CAUTION: THIS INJECTION NO. 14 TO BE USED ONLY ON MEDICAL ADVICE BY RADIO EXCEPT IN CASE OF ANAPHYLACTIC SHOCK DUE TO PENICILLIN INJECTION.

Antibiotics

- 15. Capsulae Tetracyclini Hydrochloridi Tetracycline hydrochloride capsules TETRACYCLINE CAPSULES (250 mg per capsule)
- 16. Compressi Phenoxymethylpenicillini Phenoxymethylpenicillin

PENICILLIN TABLETS (125 mg per tablet)

- 17. Compressi Sulfadimidini Sulfadimidine tablets SULFONAMIDE TABLETS (500 mg per tablet)
- 18. Injectio Benzylpenicillini Procaine penicillin G PENICILLIN INJECTION (600,000 units per ampoule)
- 19. Injectio Streptomycini Sulfatis Streptomycin sulfate injection STREPTOMYCIN INJECTION (1,000 mg per ampoule)
- 20. Injectio Tetracyclini hydrochloridi Tetracycline hydrochloride TETRACYCLINE INJECTION (100 mg per ampoule)

^{*} Preparations listed may have been substituted by equivalent preparations in the ship's medicine chest. For the sake of uniformity, medicaments are indicated in the first place by their Latin denominations so that a correct translation can be found in each language.

SECTION 4.—TABLES OF COMPLEMENTS

Asthma

21. Compressi Aminophyllini Aminophylline tablets ASTHMA RELIEF TABLETS (300 mg per tablet)

CAUTION: THIS TABLET NO. 21 TO BE USED ONLY ON MEDICAL ADVICE BY RADIO.

- 22. Compressi Ephedrini Hydrochloridi Ephedrine Hydrochloride tablets EPHEDRINE TABLETS (30 mg per tablet)
- 23. Tinctura Benzoini Composita Tincture of benzoin compound INHALATION MIXTURE

Cough

- 24. Compressi Codeini Phosphatis Codein phosphate tablets CODEIN TABLETS (15 mg per tablet)
- 25. Linctus Scillae Opiata Linctus of squill, opiate COUGH LINCTUS

Diarrhea

26. Mistura Kaolini et Morphinae Kaolin and morphine mixture DIARRHEA MIXTURE

Heart

- 27. Compressi Glycerylis Trinitratis Glycerin Trinitrate tablets HEART TABLETS (0.5 mg per tablet)
- NOTE: For congestive heart failure the following preparations are available on board ship, but they should be used only on medical advice transmitted in plain language and not by Code:

Compressi Chlorothiazidi (Chlorothiazide) or equivalent (500 mg per tablet) Compressi Digoxin (Digoxin tablets) or equivalent (0.25 mg per tablet)

Indigestion

28. Compressi Magnesii Trisilicas Magnesium trisilicate STOMACH TABLETS

Laxatives

29. Compressi Colocynthidis et Jalapae Compositae

Counpound Colocynth and Jalap tablets VEGETABLE LAXATIVE TABLETS

Magnesii Hydroxidum
 Magnesium hydroxide mixture
 LIQUID LAXATIVE—"Milk of Magnesia"

Malaria

31. Compressi Chloroquini Sulfatis Chloroquine sulfate tablets MALARIA TABLETS (200 mg per tablet)

Pain

- 32. Compressi Acidi Acetylasalicylici Acetylsalicylic acid tablets ASPIRIN TABLETS (300 mg per tablet)
- 33. Injectio Morphini
 Morphine sulfate injection
 MORPHINE INJECTION
 (15 mg per ampoule)

Sedation

- 34. Compressi Butobarbitali Butobarbitone tablets SEDATIVE TABLETS (100 mg per tablet)
- 35. Compressi Phenobarbitali Phenobarbitone tablets PHENOBARBITONE TABLETS (30 mg per tablet)
- 36. Compressi Chlorpromazini Hydrochloridi Chlorpromazine hydrochloride tablets TRANQUILLIZER TABLETS (LARGACTIL) (50 mg per tablet)

CAUTION: THIS TABLET NO. 36 TO BE USED ONLY ON MEDICAL ADVICE BY RADIO.

Salt Depletion or Heat Cramps

37. Compressi Natrii Chloridi Solv Sodium chloride tablets SALT TABLETS (500 mg per tablet)

Seasickness

38. Compressi Hyoscini Hydrobromidi Hysocine Hydrobromide tablets SEASICKNESS TABLETS (0.3 mg per tablet)